

C'EST CI BON CHA

Page 1 of 2

Released: June, 2000

CHOREO: Kristine & Bruce Nelson, 823 S. Charles Ave, Naperville, IL 60540,
 Phone: 630-527-1188 Email: kristinen@alltechdata.com

RECORD: STAR 136 Flip of: Cincinnati Rag

FOOTWORK: Opposite unless noted (Woman's footwork in parentheses)

RHYTHM: Cha Cha Phase IV +2 [Double Cuban Break & Open Hip Twist] +2 unphased
 [Rev Undrarm Trn in 4, Switch with Cuban Break ending]

SEQUENCE: INTRO A B C D A B A[9-16] D[1-6] ENDING 44-45 rpm (for comfort)

INTRODUCTION

1-4 OP LOD (NO HNDS) WAIT;; DBL CUBAN BRK; SPOT TRN;

- 1-2 OP pos both facing LOD no hnds joined Wait;;
- 3 XLIF/rec R, sd L/rec R, XLIF/rec R, sd L;
- 4 XRIF, rec L trn $\frac{3}{4}$ LF to fc Wall (rec R trng $\frac{3}{4}$ RF fc COH), small fwd R/cl L, fwd R BFLY;

PART A

1-5 $\frac{1}{2}$ BAS; WHP; NY; CRB WLKS;;

- 1 Fwd L, rec R, sd L/cl R, sd L;
- 2 Bk R trng 1/4 L fc, rec fwd L cont L fc trn 1/4, sd R/cl L, sd R (W fwd L outside M's left side, fwd R trng 1/2 left fc, sd L/cl R, sd L) BFLY COH;
- 3 Thru L to LOP LOD, rec R to BFLY, sd L/cl R, sd L;
- 4-5 XRIF, sd L, XRIF/sd L, XRIF; Sd L, XRIF, sd L/cl R, sd L;

6-8 FNC LINE; NY; WHP;

- 6 X lun R, rec L to BFLY, sd R/cl L, sd R;
- 7 Repeat meas 3 Part A;
- 8 Repeat meas 2 Part A end BFLY Wall;

9-12 OP HIP TWST; FAN; HOCKEY STICK;;

- 9 Fwd L, rec R, bk L/cl R, bk L leading W to trn RF(Bk R, rec L, fwd R/cl L, fwd R swvlg $\frac{1}{4}$ RF);
- 10 Bk R, rec L, small sd R/cl L, sd R (Fwd L, fwd R trn $\frac{1}{2}$ LF, bk L/lk R, bk L);
- 11 Fwd L, rec R, in plc L/R, L (Cl R, fwd L, fwd R/cl L, fwd R);
- 12 Bk R, fwd L DRW, fwd R/lk L, fwd R (Fwd L, fwd R trn 5/8 LF, bk L/lk R, bk L);

13-16 ALEMANA;; SPOT & TIME; TIME & SPOT OVRTRN TO L HND STAR (3x to LOP fcg Wall);

- 13 Fwd L, rec R, sd L/cl R, sd L fc Wall leading W to turn RF(Bk R, rec fwd L, sd R/cl L, sd R);
- 14 Bk R, rec L, sd R/cl L, sd R (W circ under jnd hds fwd XLIF trn RF, fwd R cont trn, sd L/cl R, sd L to fc) no hnds;
- 15 XLIF, rec trng $\frac{1}{2}$ RF to fc, sd L/cl R, sd L (XRIB, rec L, sd R/cl L, sd R);
- 16 XRIB, rec L, sd R/cl L, trng $\frac{1}{4}$ RF fwd R to L hnd star (XLIF, rec trng $\frac{1}{2}$ RF to fc, sd L/cl R, trng $\frac{1}{4}$ RF bk L); [3rd X to LOP fcg Wall]

PART B

1-4 UMBRELLA TURNS;; (TO BFLY);

- 1 Fwd L, rec R, bk L/cl R, bk L(Bk R, rec L trng $\frac{1}{2}$ LF, bk R/cl L, bk R);
- 2 Bk R, rec L, fwd R/cl L, fwd R (Bk L, rec R trng $\frac{1}{2}$ RF, bk L/cl R, bk L);;
- 3 Repeat meas 1 Part B;
- 4 Bk R, rec L trng $\frac{1}{4}$ LF BFLY, sd R/cl L, sd R (Bk L, rec R trng $\frac{1}{4}$ RF, sd L/cl R, sd L);

5-8

FNC LINE; AIDA; SWCH WITH CUBAN BRK ENDG; SPT TRN:

- 5 X lun L, rec R to BFLY, sd L/cl R, sd L;
- 6 Thru R start RF trn (LF), sd L cont RF (LF) trn to LOP fc RLOD, bk R/lk L, bk R;
- 7 Turn LF rk sd L to fc in BFLY, rec R, XLIF/rec R, sd L;
- 8 XRIF, trn LF(RF) rec L cont turn to fc, sd R/cl L, sd R;

PART C1-4 BRK BK TO FWD TRPL CHA;; AIDA TO BK TRPL CHA;;

- 1-2 Trng LF to OP Bk L, fwd R, fwd L/lk R, fwd L; Fwd R/lk L, fwd R, fwd L/lk R, fwd L;
 3-4 Fwd R trng RF(LF), sd L cont trn RF(LF) to LOP, bk R/lk L, bk R; Bk L/lk R, bk L,
 bk R/lk L, bk R;

5-8 SWCH WITH CUBAN BRK ENDG; SPT TRN; HND-HND 2X;;

- 5-6 Repeat meas 7-8 Part B
 7-8 Bhd L, rec R to fc, sd L/cl R, sd L; Bhd R, rec L to fc, sd R/cl L, sd R;

PART D1-4 ALEMANA;; LARIAT;;

- 1-2 Repeat meas 13-14 Part A leading W to M's R side;;
 3-4 Sd L, rec R, in plc L/R, L; Sd R, rec L, in plc R/L, R; (W circle clockwise around M fwd R,
 fwd L, fwd R/cl L, fwd R; Fwd L, fwd R, fwd L/cl R, sd L to fc M) BFLY Wall;

5-8 SHLDR-SHLDR 2X;; REV UNDRM TRN IN 4; MERENGUE BAS;

- 5 XLIF SCAR RLOD(W XLIB), rec R to fc, sd L/cl R, sd L;
 6 XRIF BJO LOD(W XLIB), rec L to fc, sd R/cl L, sd R;
 7 XLIF, rec R, sd L, cl R to low BFLY (XRIF und joind hnds trng ½ LF, rec L cont trn to fc,
 sd R, cl L);
 8 Sd L, cl R, sd L, cl R;

ENDING1-½ REV UNDRM TRN IN 4; LUN, TILT,

- 1 XLIF, rec R, sd L, cl R BFLY (XRIF und jnd hnds trng ½ LF, rec L cont trn to fc, sd R, cl L);
 ½ Lun sd L leaving R ft pointing RLOD, tilt and both look at RLOD, vers1.1

HEAD CUES1-4 OP LOD (NO HNDS) WAIT 2 MEAS;; DBL CUBAN BRK; SPT TRN;PART A

- 1-5 ½ BAS; WHP; NY; CRB WLKS;;
 6-8 FNC LINE; NY; WHP;
 9-12 OP HIP TWST; FAN; HOCKEY STICK;;
 13-16 ALEMANA;; SPT & TIME; TIME & SPT OVRTRN L HND STAR;

PART B

- 1-4 UMBRELLA TURNS;; (TO BFLY);
 5-8 FNC LINE; AIDA; SWCH WITH CUBAN BRK ENDG; SPT TRN;

PART C

- 1-4 BRK BK TO FWD TRPL CHA;; AIDA TO BK TRPL CHA;;
 5-8 SWCH WITH CUBAN BRK ENDG; SPT TRN; HND-HND 2X;;

PART D

- 1-4 ALEMANA;; LARIAT;;
 5-8 SHLDR-SHLDR 2X;; REV UNDRM TRN IN 4; MERENGUE BAS;

Repeat A & B

Repeat A 9-16 [end LOP fcg Wall]

Repeat D 1-6

ENDING

1-½ REV UNDRM TRN IN 4; LUNGE, TILT,